

My Reward Board Chore List

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Household

Clean floors
Clean fridge
Clean room
Clear the table
Dust
Empty dishwasher
Empty wastebaskets
Help with dinner
Help with groceries
Iron
Load dishwasher
Make bed
Organize closets
Pack for vacation
Polish silver
Put clothes away
Put my things away
Scrub bathroom
Set table
Take out trash
Turn off lights
Vacuum
Wash dishes
Wash windows
Wash/dry clothes
Write down messages

Outdoor

Clean garage
Clean gutters
Clean up outdoor toys
Detail car
Get mail/newspaper
Help in garden
Help in yard
Mow the lawn
Rake leaves
Return rentals
Shovel
Sort trash for recycling
Stack/bring in firewood
Take out trash
Wash car
Weed garden

Self Care

Be on time
Brush hair
Brush/floss teeth
Get dressed
Go on potty
Keep nails neat
Pack my lunch
Practice instrument
Say prayers
Shine shoes
Take bath/shower
Try everything on plate
Wash face
Wash hands
Wear glasses
Wear headgear
Wear retainer

Behavior

Be honest
Be nice to someone
Be polite
Control anger
Don't be a bully
Don't boss brother
Don't boss siblings
Don't boss sister
Don't interrupt
Don't talk back
Don't tease
Don't whine
Go to bed on time
Have a good attitude
Limit online time
Limit phone time
Limit TV time
Listen to parents/teachers
Respect privacy
Share
Use good manners
Use proper language

Health

Drink juice
Drink milk
Eat breakfast
Eat healthy snacks

Health (Cont.)

Eat veggies
Exercise
Practice sport
Take medicine
Take vitamins

Education/School

Be on time for bus
Do homework
Do English assignment
Do geography assignment
Do math assignment
Do science assignment
Finish book report
Finish project
Get ready for tomorrow
Go to church/temple
Go to Sunday School
Practice handwriting
Read newspaper

Pet Care

Clean aquarium
Clean cage
Clean litter box
Clean up pet area
Feed pet
Feed the chickens
Groom pet
Play with pet
Scoop poop
Walk dog

Good Deeds

Baby sit
Cook for bake sale
Do extra chores
Do good deeds
Donate old clothes
Get good grades
Phone/write relatives
Read books
Visit grandparents
Visit relatives
Volunteer
Watch brother/sister